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Altered Coronary Arterial Reactivity Following Pharmacological Perinatal Interventions

R. P. Steeds¹, A. Morice², K. Channer¹, C. Emery³

The Barker hypothesis proposes that the risk of ischaemic heart disease may be increased in later life by perinatal events that programme permanent alterations to the body’s structure and metabolism. Perinatal modification of arterial compliance and function could initiate and amplify this risk of disease in later life. The aim of this study was to determine whether short-term nitric oxide synthase (NOS) inhibition and transient hypoxia in the perinatal period could initiate changes in vasomotility demonstrable in later life.

Dams were given N⁶-nitro-L-arginine methyl ester (n = 5) in drinking water or were kept in a normobaric hypoxic chamber (FiO₂ 10 %) for one week pre- and one week post-partum. Male offspring were sacrificed at 10 weeks and results compared with the male offspring of control dams (n = 7). Coronary artery reactivity, to both constrictors and dilators, was studied using the wire myograph and isolated blood perfused heart preparations.

Perinatal inhibition of NOS increased the contractile response of coronary arteries in adulthood in both isolated vessels and in perfused heart preparations without a change in dilator responses to ACh. These differences were not associated with changes in arterial compliance and body weight. Perinatal hypoxia enhanced the vasodilatation to hypoxia in adulthood in perfused heart preparations with a reduction in vasodilatation to ACh. These differences were associated with a reduction in body growth, a shift in the pressure-flow relationship indicative of vascular remodeling and evidence of right ventricular hypertrophy.

It is concluded that short-term perinatal insults may alter coronary arterial reactivity in adulthood independent of an effect of birth weight. Perinatal modification of arterial function may be one mode by which risk of disease in later life may be initiated or amplified. J Clin Basic Cardiol 2002; 5: 109–114.

Key words: coronary artery reactivity, programming, perinatal, birth weight

Methods

Experimental Animals
Pregnant rats were maintained on a standard chow and tap water diet in a common environment before and after the interventions and allowed to litter down as normal. Pups were nurtured by the mother and weaned at 24–26 days and maintained on standard rat chow and water ad libitum. Young adult male progeny (10 weeks old) only were included in the study. Female offspring were excluded to avoid the potential confounding effects of their hormonal cycle on arterial reactivity. Age-matched males from untreated dams (n = 7) were used as controls (PNC).

Perinatal Interventions
Two interventions were studied:

Perinatal L-NAME (PNLN)
In the first group, 300 mg/ml N⁶-nitro-L-arginine methyl ester (L-NAME) was added to the drinking water provided ad libitum to five dams for one week pre- and one week post-partum (approximate total dose consumed was 197 mg; approximate dose per day 14 mg). As endothelial NOS mRNA is increased in the later stages of gestation and falls only after birth to the low level seen in adults, this dosing schedule was selected to cover the period of peak endothelial NOS activity [4].

Perinatal Hypoxia (PNCH)
In the second group, four pregnant Wistar dams were exposed to hypoxia (10 % oxygen) in a normobaric chamber for one week pre- and one week post-partum. This intervention leads to changes in the pulmonary vascular bed in adulthood that may lead to the development of pulmonary hypertension.

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Acute hypoxia induces vasodilatation in systemic arteries, whereas chronic hypoxia may remodel the coronary arterial vasculature [6]. Although it is known to alter the reactivity of pulmonary resistance arteries in adulthood, the effect of transient perinatal hypoxia on the reactivity of the coronary circulation has not been studied [7].

**Experiment 1: Myograph Preparations**
Pups were anaesthetized by intraperitoneal pentobarbitone sodium (15 mg/100 g body weight). Coronary arteries (2 per rat) were dissected free and loaded onto a wire myograph using established methods [8]. Myograph baths (Cambustion, Cambridge, UK) were filled with 5 ml physiological saline solution (PSS) super-fused with 95 % O2/5 % CO2 maintained at 37 °C. pH was stable at 7.4 throughout. Coronary arteries were pre-tensioned to an equivalent pressure of 100 mmHg using the Laplace equation and studied at 100 % internal diameter. Tension was recorded as mN/mm. Following loading of the vessels, dynamic diameter-tension curves were obtained by radial stretch of the vessel. The reciprocal slope of the linear portion of the curve was taken as a measure of dynamic vessel compliance. Vessels were then allowed to equilibrate for 45 minutes after normalisation and pre-tensioning. Arteries were maximally contracted with potassium chloride (KCl, 100 mmol/L) until a stable response was obtained. Following these preliminary contractions, cumulative concentration-response curves were obtained for prostaglandin F2a (PGF2a 1–100 mmol/L – receptor-dependent vasoconstriction). Once the maximal response had been obtained, cumulative doses of acetylcholine were added (ACH 1–1000 mmol/L – receptor-mediated NO release). The vessels were washed with PSS and allowed to relax to their original baseline tension. Cumulative concentration-response curves were obtained for KC1 (1–100 mmol/L – direct smooth muscle contraction following membrane depolarisation). The vessels were then washed with PSS and allowed to relax to their original baseline tension. The contractile response to L-NAME was thus studied as an indirect assessment of basal NO release using a dose found in our laboratory to be sufficient to inhibit maximal ACh-induced vasodilatation (100 mmol/L). L-NAME was added at the end of the experiment due to the inability to reverse its effect by washing.

**Experiment 2: Isolated Heart Perfusion Preparations (Modified Langendorff)**
Pups were anaesthetized by intraperitoneal pentobarbitone sodium (6 mg/100 g body weight), heparinized intravenously (sodium heparin 100 units/100g body weight) and then exsanguinated via the inferior vena cava. The chest was opened (sodium heparin 100 units/100g body weight), heparinised intravenously (sodium 6 mg/100 g body weight), and then exsanguinated. Pups were anaesthetized by intraperitoneal pentobarbitone sodium (15 mg/100 g body weight).

**Heart Ventricular Weights**
At the end of the experimental period the hearts were dissected for the measurement of right and left ventricular + septum weights. These are expressed as absolute/g body weight and as a ratio, RV/LV + septum.

**Statistical Analysis**
The concentration of an agonist causing half-maximal contraction (EC50), the maximum contraction and maximum dilatation (expressed as a percent of the maximum active contraction to PGF2a) were calculated for each myograph experiment. To calculate EC50, concentration-effect curves were drawn for each vessel, a sigmoid function attached and the concentration producing 50 % of the maximal response was estimated. EC50 was expressed as negative log molar value. The coronary artery pressure (Pca), P/Q slope (CVR), and intercept were calculated for each isolated heart preparation. Means for each experimental group were then compared with the relevant control. Data are given as mean ± standard error of the mean. Statistical analysis was carried out by independent t-tests and ANOVA as appropriate. Means were considered significantly different at p < 0.05.

**Results**

**Body Weight and Vessel Characteristics**
There was a reduction in the adult body weight of PNCH rats compared to controls and an increase in RV/100 g body weight but no change in LV/100 g body weight in the PNCH rats. There was no difference in the adult body weight of PNLN rats compared to controls. There was no variation in right ventricular nor left ventricular ratios in the PNLN rats (Tab. 1). There were no differences in the size of the coronary arteries studied in the myograph experiments between the intervention groups and controls (mean 335 ± 9 mm, p > 0.05) and no difference in dynamic coronary artery compliance between groups assessed using the length-tension protocol (mean 23 ± 2 mm/mN, p > 0.05).

**Table 1. Body weight and vessel characteristics**

<table>
<thead>
<tr>
<th>Rats (n)</th>
<th>Body weight (g)</th>
<th>LV/100 g</th>
<th>RV/100 g</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control 15</td>
<td>307 ± 8</td>
<td>0.255 ± 0.017</td>
<td>0.052 ± 0.001</td>
</tr>
<tr>
<td>Perinatal</td>
<td>13</td>
<td>327 ± 10</td>
<td>0.231 ± 0.005</td>
</tr>
<tr>
<td>Perinatal L-NAME hypoxia 12</td>
<td>242 ± 15*</td>
<td>0.217 ± 0.003</td>
<td>0.073 ± 0.005*</td>
</tr>
</tbody>
</table>

*p < 0.05
Offspring of Rats Treated With Perinatal L-NAME (PNLN)

Myograph Preparations

There was an increase in maximum contraction in the isolated coronary arteries to PGF2α (E_{max} PNLN 2.2 ± 0.53 vs PNC 0.97 ± 0.2 mN/mm, p < 0.05) and KCl (E_{max} PNLN 1.69 ± 0.26 vs PNC 0.67 ± 0.2 mN/mm, p < 0.05), but without a change in potency (Figs. 1, 2). Calculation of the –log EC_{50} for the responses to KCl was complicated by a dilator response to lower doses in some of the preparations (in 8/12 PNLN E_{max} ~ 29.62 ± 12.34 % vs in 6/10 PNC E_{max} ~ 28.55 ± 11.65 %). However, there was no difference in the frequency (p > 0.1) or magnitude (p > 0.1) of the dilator response between groups. There was no difference in the dilator response to ACh (Fig. 3). There was an increase in contraction to L-NAME (PNLN 2.28 ± 0.55 vs PNC 0.29 ± 0.26 mN/mm, p < 0.01) (Fig. 4A).

Isolated Heart Perfusion Preparations

There was no change in the pressure-flow relationship between PNLN and controls (Fig. 5). There was no difference in the dilator response, fall in Pca, to ACh 1 mmol/L (ΔPca PNLN –7.5 ± 0.8 vs PNC –8.0 ± 0.9 %). With higher doses an initial constriction, rise in Pca, was observed followed by a fall in Pca in 6/6 PNLN and 3/5 PNC. There was no significant difference in magnitude between groups. There was an increase in the constrictor response to 10 mmol/L L-NAME (ΔPca PNLN 37.8 ± 6.2 vs PNC 21.8 ± 0.6 mmHg, p < 0.05) (Fig. 4B). There was no difference in the dilator response to
acutely hypoxia (DPCa PNCH –12.0 ± 2.3 % vs PNC –7.1 ± 5.6 %, p < 0.05).

Offspring of Rats Treated With Perinatal Hypoxia (PNCH)

Myograph Preparations

There was no difference in coronary artery reactivity to PGF2α (Fig. 1). There was an increase in maximum contraction to KCl (Emax PNCH 1.21 ± 0.15 % vs PNC 0.67 ± 0.2 mN/mm, p < 0.05) but without a difference in potency. Again, calculation was affected by an initial dilatation to lower doses of KCl (in some PNCH –44.63 ± 11.64 % vs in 6/10 PNC –28.55 ± 11.65 %) but without any difference in magnitude (p > 0.1) or frequency (p > 0.1) (Fig. 2). There was a reduction in maximal dilatation to ACh (PNCH –24.9 ± 10 % vs PNC 65.8 ± 12 %, p < 0.05) but without a change in potency (Fig. 3). There was no difference in coronary artery response to L-NAME (Fig. 4A).

Isolated Heart Perfusion Preparations

There was a parallel upward shift in the pressure flow line in PNCH rats with a significant increase in the intercept but no difference in slope (Intercept PNCH 41.9 ± 6.3 vs PNC 24.5 ± 8.5 mmHg, p < 0.05) (Fig. 5). There was a reduction in dilatation to 1 nmol/L ACh (PNCH –3.5 ± 1.2 % vs PNC 7.5 ± 0.8 %, p < 0.05). There was no difference in response to L-NAME (DPCa PNCH 20.8 ± 5.3 % vs PNC 21.8 ± 5.3 mmHg) (Fig. 4B). There was an enhanced dilatation to acute hypoxia (PNCH –14.5 ± 2.3 % vs PNC –7.1 ± 2.0 %, p < 0.05).

Discussion

Short-term exposure to perinatal NOS inhibition and perinatal hypoxia induced changes in coronary arterial reactivity that persisted to adulthood. Perinatal inhibition of NOS increased the contractile response of coronary arteries in adulthood, as reflected in isolated vessels and in perfused heart preparations with a reduction in vascular tone. Perinatal hypoxia enhanced the vasodilatation to hypoxia in both isolated vessels and in perfused heart preparations with a reduction in vasodilatation to ACh. These differences arose in association with a reduction in body growth and evidence of right ventricular hypertrophy. It has been demonstrated using two different models that short-term perinatal insults may alter coronary arterial reactivity in adulthood independent of an effect of birth weight. Therefore, in principle, perinatal modification of arterial function may be one mode by which risk of disease in later life may be initiated or amplified.

Endothelial nitric oxide synthase activity (NOS), which releases NO from l-arginine, is increased prior to birth and then falls to the low levels seen in adulthood. NO is an important endogenous vasodilator involved in the maintenance of vascular tone. NO decreases vessel permeability and reduces arterial tone. It is also a principal factor in the antiatherosclerotic properties of the endothelium. NO interferes with key events in the development of atherosclerosis, such as leucocyte adhesion and rolling, platelet-vessel-wall interactions, and smooth muscle cell proliferation and migration [10]. Classical risk factors for coronary artery disease, such as hypercholesterolaemia and smoking, have been associated with impaired NO activity and reversal of normal responses to NO-dependent vasodilators [11]. Therefore, NO inhibition with L-NAME was selected as one of the interventions that could affect vascular reactivity in a manner mimicking pathological changes in coronary artery disease.

Ischaemic heart disease is characterised by dysfunction of the vascular endothelium, with loss of nitric oxide bioavailability playing a central role in its pathogenesis [12]. This dysfunction is identified clinically by the paradoxical vasoconstriction that occurs following intracoronary injection of acetylcholine in patients with ischaemic heart disease both in coronary arteries directly affected by atherosclerosis and in adjacent arteries with no detectable plaque on angiography [11, 13]. Paradoxical vasoconstriction also occurs in the angiographically-normal coronary arteries of individuals without a history of ischaemic heart disease, but who have been exposed to classical risk factors such as hypertension, smoking [14], hypercholesterolaemia [15], and diabetes mellitus [3]. Serological markers of endothelial dysfunction such as von Willebrand factor and tissue plasminogen activator increase in conjunction with changes in arterial motility and are elevated in the presence of classical risk factors for ischaemic heart disease [16]. The Barker hypothesis is based on epidemiological evidence that low birth weight may be associated with an increased risk of ischaemic heart disease in adulthood. It is thought that changes in arterial function may link the causative factors behind low birth weight with the increase in adult risk and there is some evidence to support this theory. Leeson (1997) and Goodfellow (1998) both found a correlation between low birth weight and impaired endothelial function in adulthood as assessed by a reduction in flow-mediated dilatation using ultrasonic measurement of the brachial artery in the arm (a measure of stimulated NO release) [17, 18]. Low birth weight has been associated with increased arterial stiffness and with increased serum levels of von Willebrand factor [2, 19, 20]. In the twin-twin transfusion syndrome, the donor twin (usually of lower birth weight) has a relative increase in pulse wave distensibility and lowered arterial distensibility which cannot be explained by genetic influence [21]. The data from the study by Cheung suggested that cardiovascular adaptation of the donor fetus to hypovolaemia changed the physical properties of the arteries to a degree sufficient to prejudice long-term cardiovascular health, although arterial distensibility was only studied in infancy. The data from our study indicate that perinatal insults can alter the vasoactive properties of the coronary arteries in a manner persisting to adulthood without affecting arterial compliance or birth weight.
In the isolated coronary arteries of PNLN rats, maximum contraction was increased in response to the receptor-dependent agonist PGF2α and to the receptor-independent agonist KCl. L-NAME was an orally-active inhibitor of NOS [22], and since a reduction in NO results in greater vasocontraction to receptor-dependent and receptor-independent contractile agonists [23], could the increase in Emax be due to a reduction in basal or stimulated NO release in the offspring? This would seem unlikely. Firstly, the duration of action of L-NAME is too short for a two week period of consumption in the perinatal period to interfere directly with the capacity of the coronary arteries of the adult offspring to release nitric oxide. Secondly, if there was a reduction in basal NO release in the offspring, one would expect a reduction in contraction to an acute dose of L-NAME, since this induces an arterial response by inhibition of NOS and has no intrinsic contractile properties. In fact, constriction to an acute dose of L-NAME was increased in offspring of PNLN rats in both models studied. Thirdly, if there were a reduction in stimulated NO release in the offspring, one would expect reduced dilatation to ACh. In fact, the dilator response to ACh was not altered in offspring of PNLN rats in either model studied. The mechanism by which perinatal L-NAME altered coronary arterial reactivity in adulthood is not clear from our study, although it does not appear to arise from a change in either the basal or stimulated release of NO. No histological data from the coronary arteries of the offspring in adulthood or from the placenta of the treated dams were collected. Therefore, it is not possible to comment on whether structural vascular remodeling in utero, intended to be adaptive, resulted in the persistent functional abnormalities noted.

Pups exposed to normobaric hypoxic conditions for one week pre- and one week post-partum were smaller than the controls and developed right ventricular hypertrophy, an effect which has been documented previously [5]. The results of our study extend these findings with the discovery of a remodeling in the coronary vessels, ie increased muscle sectional area of the vessel wall, which may reflect arteriolar coronary artery remodeling, with an increase in total cross-sectional area of the vessel wall (reduced extracellular potassium increases norepinephrine release from sympathetic nerve endings) [27]. However, it may induce a vasodilator response to NO, since this induces an arterial response by inhibition of NOS and has a clear role in the pathogenesis of atherosclerosis. Maternal cigarette smoking, which also impairs NOS activity [28], may impair the nitric oxide release in the offspring, one would expect reduced dilatation to acetylcholine. These differences arose in the absence of a change in rat body weight. Exposure to chronic normobaric hypoxia of pregnant dams over the same time period increased contractile response to potassium chloride and reduced dilatation to acetylcholine in adult offspring. These differences were associated with a reduction in rat body weight in adulthood. What could be the pathophysiological relevance of such observations? The clinical correlate of perinatal inhibition of NOS with L-NAME would be maternal cigarette smoking, which also impairs NOS activity and has a clear role in the pathogenesis of atherosclerosis. Perinatal hypoxia carries its own risk in relation to developmental delay but any association with adverse risk in adulthood could be transmitted by arterial structural change.

References


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