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Nurses and Health-Related Groups:

EANO Nursing Session October 10

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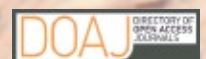
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**THE EUROPEAN ASSOCIATION OF
NEUROONCOLOGY**

Member of the



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EANO Nursing Session October 10th, 2014

Hanneke Zwinkels

■ Exchange of knowledge

As an EANO nurse board member I am responsible for the development of the Nursing Research and care program at EANO conferences. This motivated me, for the second time – in 2012 the first full day nursing programme was held in Marseille – to look for health care professionals who could contribute to a good level of exchange of knowledge in the field of neuro-oncology. Besides, in collaboration with the presenting experts, I wanted to choose topics of interest that could address the demand of education for more or less trained neuro-oncology nurses and other health care professionals (HCPs), themes that could be worthwhile to get attention and add important skills, competences and understanding of neuro-oncology care.

■ Knowledge enriches!

To increase access to education, EANO offers oncology nurses a parallel session during the biannual European neuro-oncology conference, which will be held in Torino from October 9–12, 2014. This will take place on October 10th in Centro Congressi Lingotto. During this parallel nursing session Italian translation will be available and accreditation by the European Oncology Nursing Society has been approved of. Besides, the website of EANO contains a special subsection for nurses – and other HCPs – to be found at the homepage with interesting educational material to advance and apply knowledge of neuro-oncology.

There is much knowledge to be obtained and spread for oncology nurses concerning neuro-oncology, despite the fact that in the past decades a growing awareness occurred within neuro-oncology care and cure. In this respect, awareness of the needs of patients and their families in guidance throughout their disease concerning possible problems in coping, cognitive functions, anxiety and depression, in obtaining access to care and cure with a low threshold and in shared responsibility in treatment and end of life decision making is very important. Besides, it is interesting to learn more about the meaning (from a patient's view) and the point (from a professional view) of rehabilitation, about end of life care, about cognitive disturbances in relation to psychosocial disorders, clinical trials and new effective cancer therapies. To address all these topics, we have created a program with a multidisciplinary character; clinical specialist and research nurses, a physiotherapist, psychologists and physicians are presenting enabling the attending health care professionals to gain and share their knowledge and experience with each other.

■ Nursing session

W. Sterckx performed an interesting study in Leuven, in which she studied the experiences and needs of patients with a high

grade glioma and their family caregivers and she found that both patient as well as their carers describe the need for hope, support and information. C. Nijboer will tell us about implementation difficulties and pitfalls of an electronic pathway on neuro-oncological care and F. Salassa will speak about how to organize a regional network in which neuro-oncology nurses can communicate neuro-oncology care. Nowadays, new therapies bring new side effects and adverse events, and S. Panizolo will speak on how to manage antiangiogenic therapies and clinical trials. Later that day E. Gortmaker discusses the do's and don't's in clinical research for nurses from a research nurse perspective.

P. Salander will reflect on the relationship between patients and their spouses and their different views on the world, after which the privacy – solidarity conflict with regards to the communication between doctor, patient and their caregiver will be discussed by C. Y. Finocchiaro. After these two interesting topics, F. Malabaila will bring us new insights in coping strategies in patients and their caregivers for cognitive changes.

In the afternoon, K. Piil will share her findings on needs and preferences for supportive and rehabilitative interventions among patients with high-grade gliomas and their relatives. H. Radford will speak about the role of physiotherapy for patients with high-grade gliomas in the clinical setting, which could mean that the physiotherapist guides the patient in how to adjust to handicaps and disability and in that way aims to prevent and address secondary complications. Topics such as long-term survivorship by M. Lovely and awake craniotomy by F. Kloet will help us guide and inform our patients even better.

During palliative and end of life care, communication and support with the patient, his caregivers, and communication within the multidisciplinary team, can bring on an emotional toll on HCPs, so partnership is very important. Finally lessons on management of epilepsy and other events in the end of life phase by J. Koekoek and last but not least a presentation on how to share the decision process at the end of life – involving patients, caregivers and HCPs – by L. Guariglia will contribute to a better understanding of the problems we all encounter in our daily practice.

Finally, I hope to meet all the participants after the session and discuss what we have learned by networking with a drink and a toast on future neuro-oncology nursing sessions.

Correspondence to:

Hanneke Zwinkels, RN, MA ANP, nurse practitioner neuro-oncology

Medical Center Haaglanden, POB 432, 2501CK The Hague, The Netherlands

E-mail: h.zwinkels@mchaaglanden.nl